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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Name:** | Ali\* | | | | | **DOB:** | | | 22/11/2004 | | | | | | |
| **Address:** |  | | | | | | | | | | | | | | |
| **School:** |  | | | | | **Year Group:** | | | | | | Year 10 | | | |
| **Date of accident:** | Click here to enter a date. | | | | | **History of injury:** | | | | | | Fall in the community  (Fall from bike) | | | |
| **Injury/injuries:** | Limbs | | | | | Pelvis/ Back | | | | | Head Injury | | | | Other |
| None | | | | | None | | | | | No | | | | Abdominal injury |
| **Details:** | Ali\* has a significant spleen laceration (deep cut) with fluid around his pelvis and a small amount of air in tissues of his chest. His injuries do not require surgical intervention, but require ongoing monitoring from the surgical team at Royal Manchester Children’s Hospital. | | | | | | | | | | | | | | |
| **Aftercare:** | | | | | | **Plan:** | | | | | | | | | |
| Has a dressing:  Yes No | | Will need to be changed at school: Yes No | | | | N/A | | | | | | | | | |
| Has a limb/ head support:  Yes No | | Type: None | | | | N/A | | | | | | | | | |
| Stitches:  Yes No | | Type: N/A | | | | N/A | | | | | | | | | |
| **Medication:** | | May require some over the counter pain relief. | | | | | | | | | | | | | |
| **Outpatient follow up:** | | Ongoing support from the surgical team. | | | | | | **Appointment Date:** | | | | | | Not yet confirmed | |
| **Social:** | | No change in social situation. | **Emotional:** | | | | Ali\* appears to be adapting well following his injury. He is eager to get back on his feet and back to normality. | | | | | | | | |
| **Thinking Skills:** | | Unchanged | | | | | | | | | | | | | |
| **Walking Advice:** | | walking independently | | **Walking Aid:** | | | | None | | | | | | | |
| **Walking short distances:** | | Walking independently | | **Walking long distances:** | | | | Walking independently, but requires rest breaks | | | | | | | |
| **Comments:** | | While recovering from his injury, it is recommended Ali does not walk in crowded areas due to risk of further injury to his abdominal organs. | | | | | | | | | | | | | |
| **Transferring:** | | Independent | | | | **Additional comments:** N/A | | | | | | | | | |
| **Stairs:** | | Can go up and down a short flight of stairs independently  A can get up and down stairs safely, but he will likely be uncomfortable and a bit slower as a result of his injuries. | | | | | | | | | | | | | |
| **Usual transport to/from school:** | | Takes public bus | | | | **Will be able to continue to do this:**  Yes No | | | | | | | | | |
| **Details:** | | Although Ali\* will be able to continue to take the bus it is not recommended he travels at busy time due to the risk of further injury in a crowded space.  He will be able to get a lift to school most mornings, except Fridays.  He is unable to get a lift home in the evening. **It is therefore recommended he leaves school 15-20 minutes early each afternoon to catch a quieter bus home.** | | | | | | | | | | | | | |
| **Eligibility for school transport:** | | Not eligible | | | **Application completed:**  Yes No | | | | | | | | | | |
| **Personal care/toilet:** | | Accessing a standard toilet independently | | | **Additional comments:** N/A | | | | | | | | | | |
| **Recommendations for school:** | | Can return to school fulltime:  Yes No | | | **Individual advice:**   * Ali\* should not walk in crowded spaces due to risk of further injury. It would be beneficial for him to have a hall pass and leave class 5 minutes before the crowd. * Ali\* can go up/down stairs, but it is uncomfortable and tiring for him. If possible, it is recommended he has a lift pass while he is recovering from his injury. * As Ali\* is returning to school 2 weeks after his injury he will not require a phased return, however, he may become fatigue during the school day and rest breaks may need to be incorporated while he is recovering. * Ali\* should not carry any heavy items. Provisions will need to be in place to ensure he does not have to carry school books or a bag. * Ali\* is medically stable and safe to return to school. He does not need to be off for medical reasons and needs to resume a normal routine immediately. | | | | | | | | | | |
| Lessons moved to ground floor  Hall Pass  Lift Pass  Buddy System | | |
| **Recommendations for return to PE:** | | Not able to participate in PE lessons for:  6-8 weeks | | | Other:  - Ali\* is not permitted to participate in contact sports at this time.  -All recommendations will be under review in follow up clinic appointments with the surgical team and they will advise on when these restrictions can be removed. | | | | | | | | | | |
| **Signed:** | | Eve Kelleher | | | | | | | | **Date:** | | | 16.08.2019 | | |
| **Key contacts:** | | Eve Kelleher (School Re-integration Facilitator) 07 870 385 743 | | | | | | | | | | | | | |
| Consent for fit note to be forwarded directly to SENCO and school nurse | | | | | | | | | | | | | | | |